SANITY

Principle 2:
Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

Happy are those who mourn, for they shall be comforted.
Matthew 5:4

Step 2:
We came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to his good purpose.
Philippians 2:13 (NIV)

S
God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, . . . (Psalm 46:1–2 NIV)

A
Accept one another, then, for the glory of God, as Christ has accepted you.
(Romans 15:7 GNB)

N
When someone becomes a Christian, he becomes a brand new person inside. He is not the same any more. A new life has begun! (2 Corinthians 5:17 LB)

I
Nothing brings me greater joy than hearing that my children are living in the truth.
(3 John 1:4 PH)

T
It is dangerous to be concerned with what others think of you, but if you trust the Lord, you are safe. (Proverbs 29:25 GNB)

Y
While we were still sinners, Christ died for us. (Romans 5:8 NIV)

LEADER’S FOCUS QUESTION
What do you keep repeating over and over again expecting a different result? What result are you looking for?