POWERLESS

Principle 1:
Realize I'm not God. I admit that I am powerless to control my tendency to
do the wrong thing and that my life is unmanageable.

Happy are those who know they are spiritually poor.
Matthew 5:3a (TEV)

Step 1:
We admitted we were powerless over our addictions and compulsive
behaviors, that our lives had become unmanageable.

I know that nothing good lives in me, that is, in my sinful nature.
For I have the desire to do what is good, but I cannot carry it out.
Romans 7:18 (NIV)

P
Pride ends in a fall, while humility brings honor. (Proverbs 29:23 LB)

O
So then, whatever you have said in the dark will be heard in broad daylight. (Luke 12:3a
GNB)

W
So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one
day at a time. (Matthew 6:34 LB)

E
For light is capable of showing up everything for what it really is. It is even possible for
light to turn the thing it shines upon into light also. (Ephesians 5:13–14 PH)

R
“In your anger do not sin”: Do not let the sun go down while you are still angry,
and do not give the devil a foothold. (Ephesians 4:26–27 NIV)

L
Don't forget to be kind to strangers, for some who have done this have entertained
angels without realizing it! (Hebrews 13:2 LB)

E
Jesus said, “My purpose is to give life in all its fullness.” (John 10:10b LB)

S
Whoever clings to his life shall lose it, and whoever loses his life shall save it.
(Luke 17:33 LB)

S
Nothing will ever be able to separate us from the love God demonstrated by our Lord
Jesus Christ when he died for us. (Romans 8:39b LB)
POWERLESS, continued

Stop Doing Two Things

Stop: ______________________________________________________________

___________________________________________________________________

___________________________________________________________

___________________________________________________________________

Stop: ______________________________________________________________

___________________________________________________________________

___________________________________________________________

___________________________________________________________________

Start Admitting Two Things

Start Admitting: ___________________________________________________

___________________________________________________________________

___________________________________________________________

___________________________________________________________________

Start Admitting: ___________________________________________________

___________________________________________________________________

___________________________________________________________________

Leader’s Focus Question

How has pride stopped you from asking for and getting help to overcome your hurts, habits and hang-ups?